

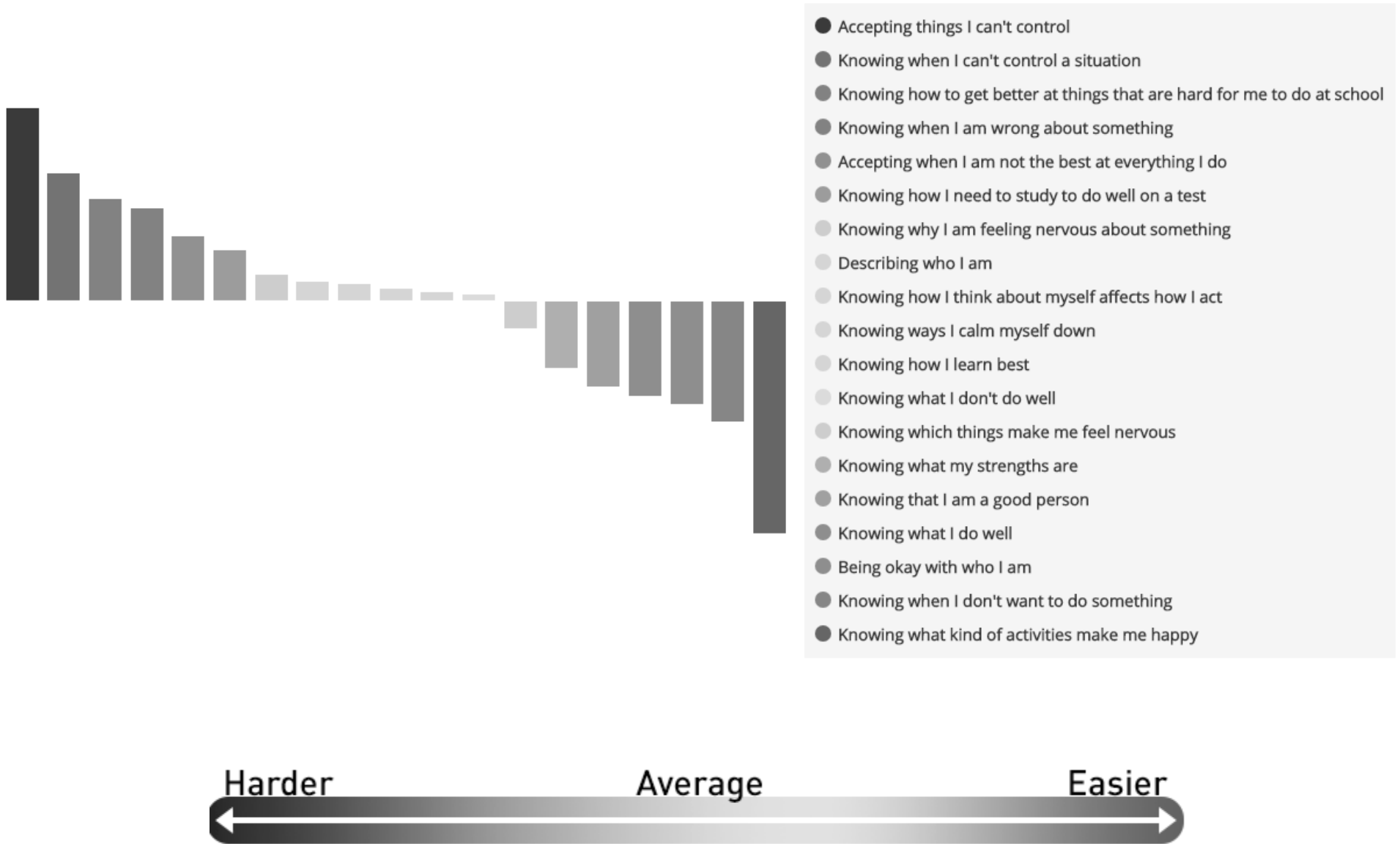
Social and Emotional Learning



WCSDdata.net

Social and Emotional Learning
Data Charts (Black/White/Gray)

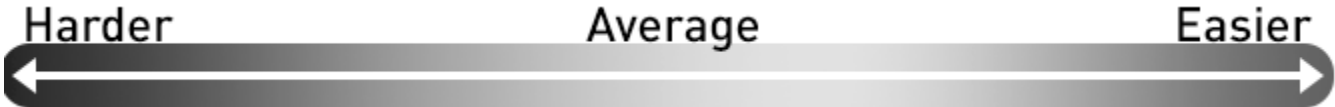
Self-Awareness of Self-Concept



Self-Awareness of Emotions



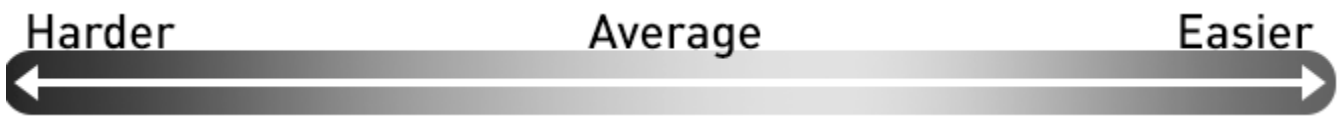
- Knowing how others might act when I tell them how I am feeling
- Knowing ways to make myself feel better when I'm down
- Knowing when my feelings are making it hard for me to focus
- Understanding why I do what I do
- Knowing when my mood affects how I treat others
- Understanding how my feelings influence how I act
- Knowing what my body does when I am nervous
- Knowing the emotions I feel
- Understanding how my attitude can affect how others treat me



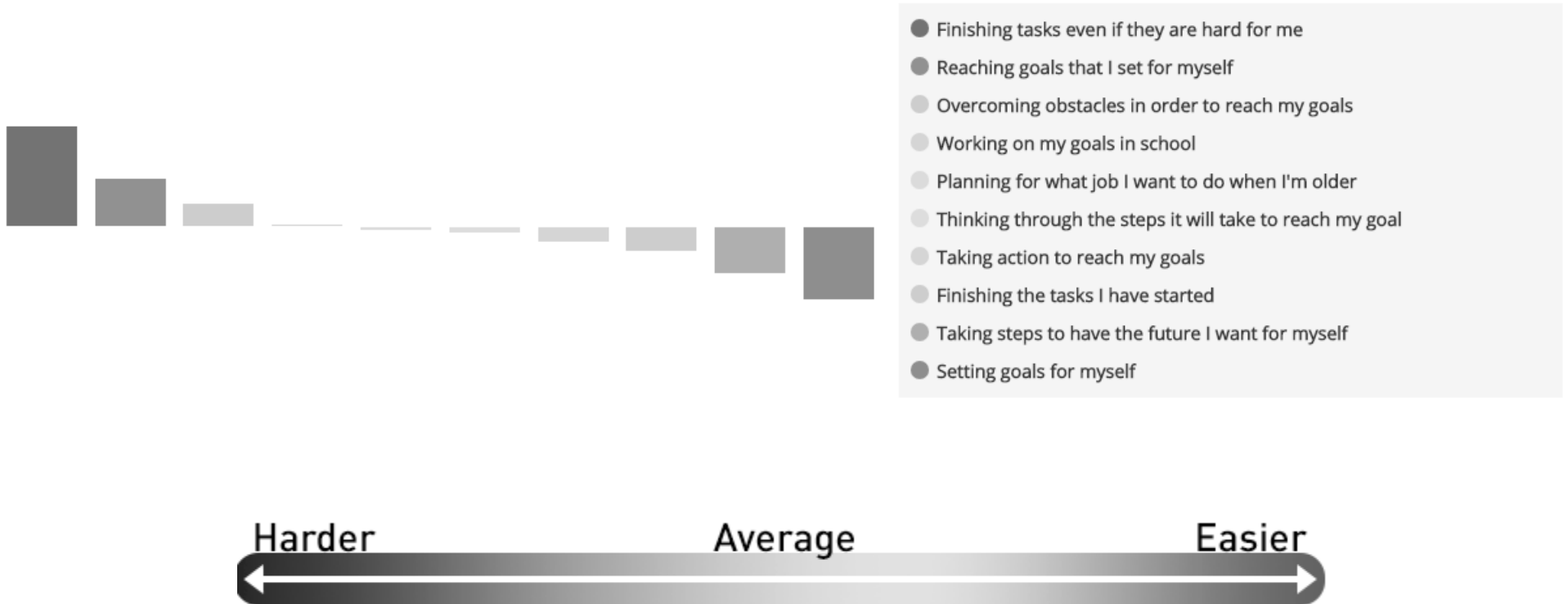
Self-Management of Emotions



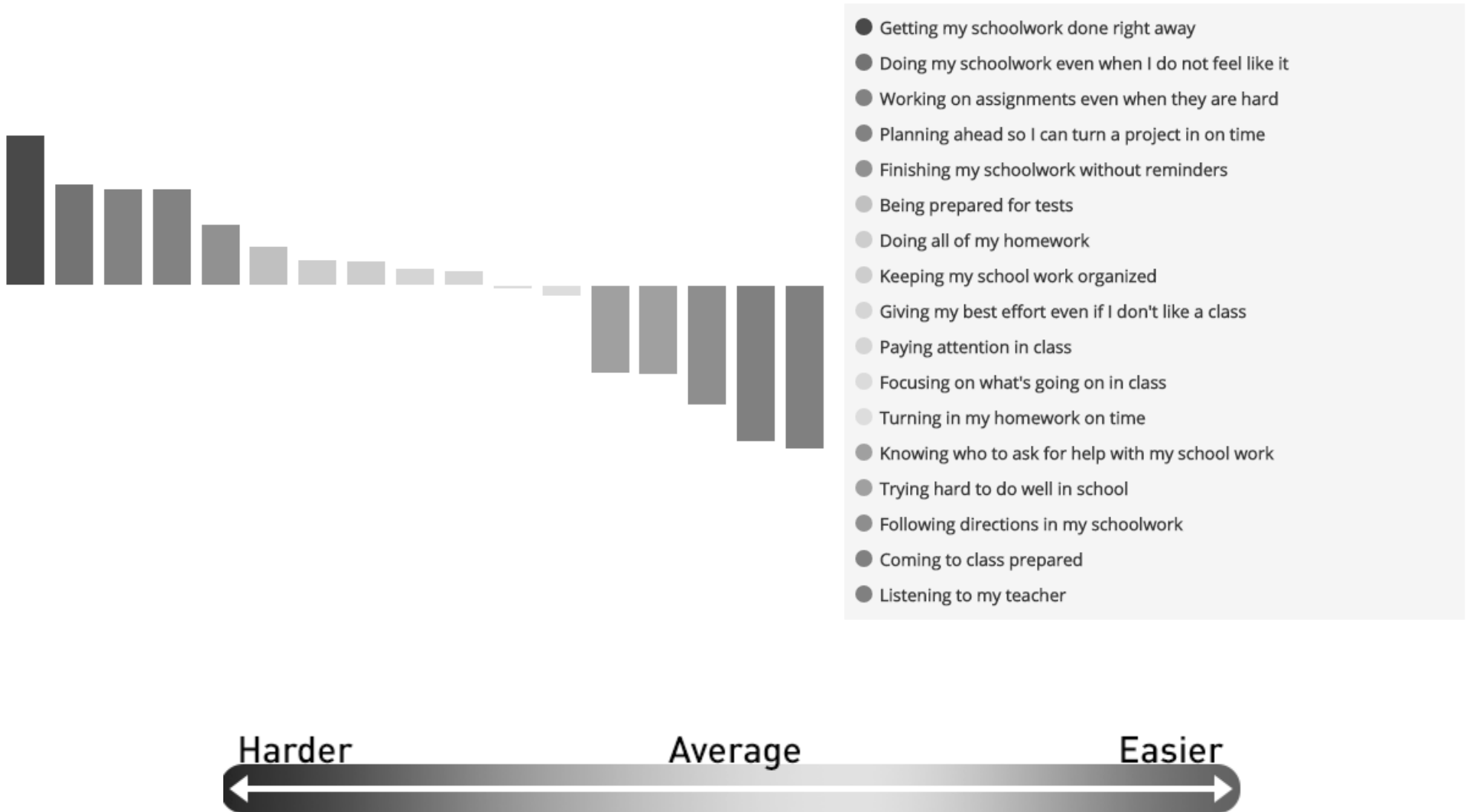
- Concentrating when there is a lot of noise around me
- Concentrating even if I am upset
- Staying calm when I feel stressed
- Getting through something, even when I feel frustrated
- Trying to learn something even when it's confusing
- Working on things even when I don't like them
- Controlling my temper when I am upset
- Speaking in class even if I am nervous
- Sharing an idea even when I think others may not like it
- Calming myself down when I am nervous
- Picking myself up when I feel down
- Making the best of a situation when I can't control it
- Being patient even when I am really excited
- Thinking carefully about what I want to say, before I speak
- Keep trying even after I get negative comments from my teachers
- Feeling good about myself even if I was the last person picked for a team
- Trying new things even if they make me nervous
- Making the best of any situation
- Not talking to others when I'm supposed to be quiet
- Staying calm when I get something wrong
- Waiting to say something until others are done talking
- Working harder after I get positive comments from my teachers



Self-Management of Goals



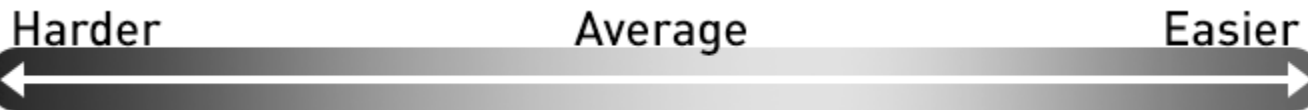
Self-Management of School Work



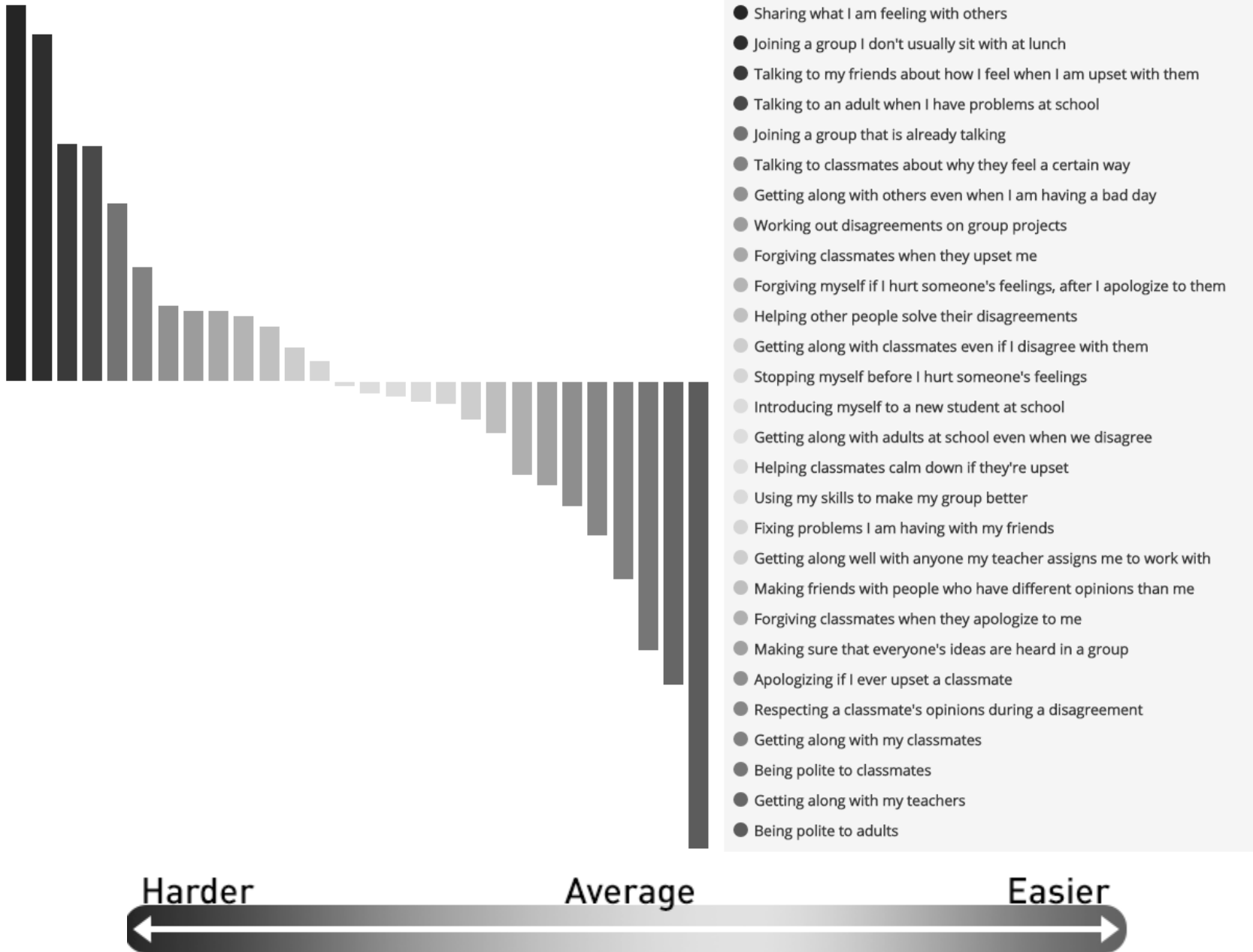
Social Awareness



- Helping to make my school a better place
- Being welcoming to someone I don't usually eat lunch with
- Knowing how I can help my community
- Learning from people with different opinions than me
- Knowing how to get help when I'm having trouble with a classmate
- Paying attention to my classmates' feelings
- Knowing what people may be feeling by the look on their face
- Being patient when some students need extra help from the teacher
- Knowing how my behaviors impact my classmates
- Knowing when someone needs help
- Understanding why people have different opinions than me
- Feeling bad for someone else when their feelings are hurt
- Appreciating that some people do things differently than me
- Knowing when a classmate is not being treated fairly
- Knowing my classmates come from many different backgrounds
- Being happy for others when they succeed
- Knowing that other students may learn differently than I do



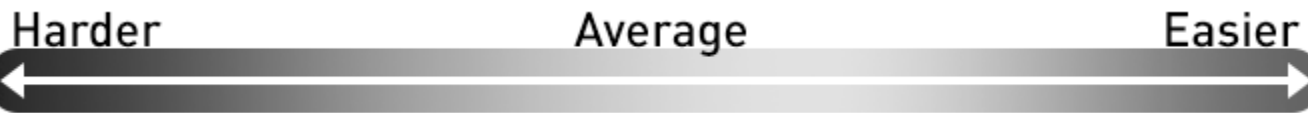
Relationship Skills



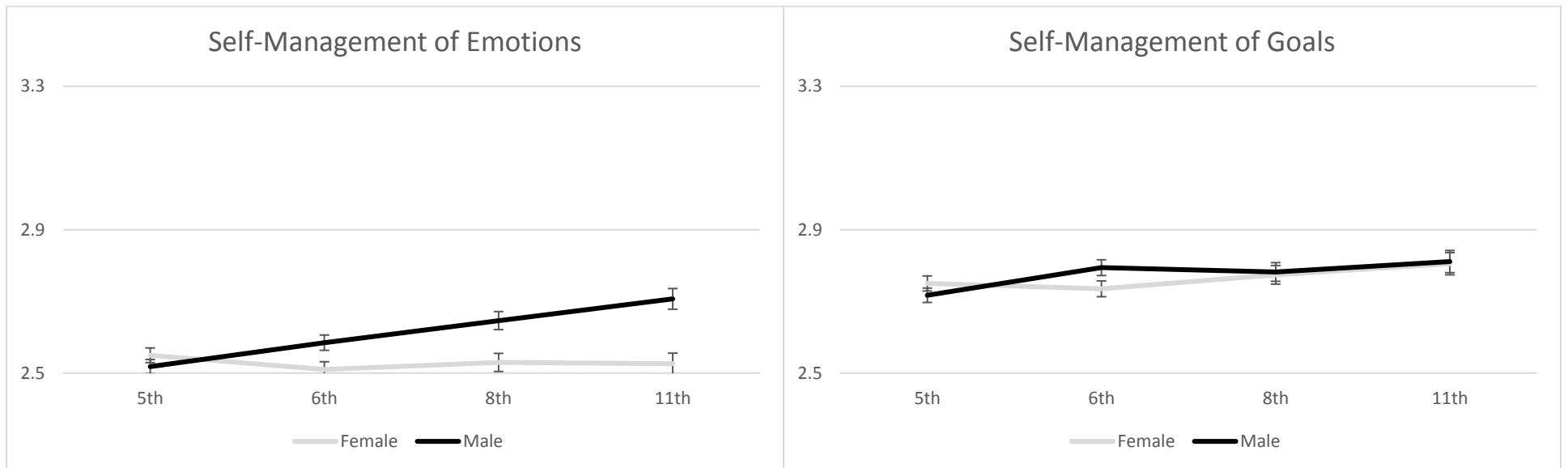
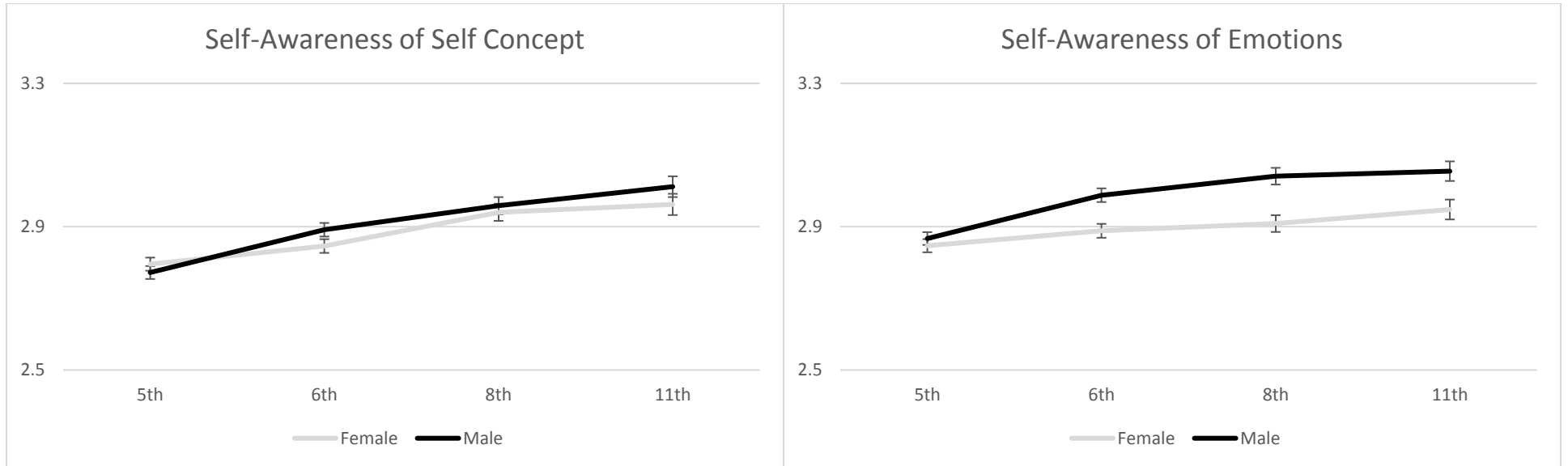
Responsible Decision-Making



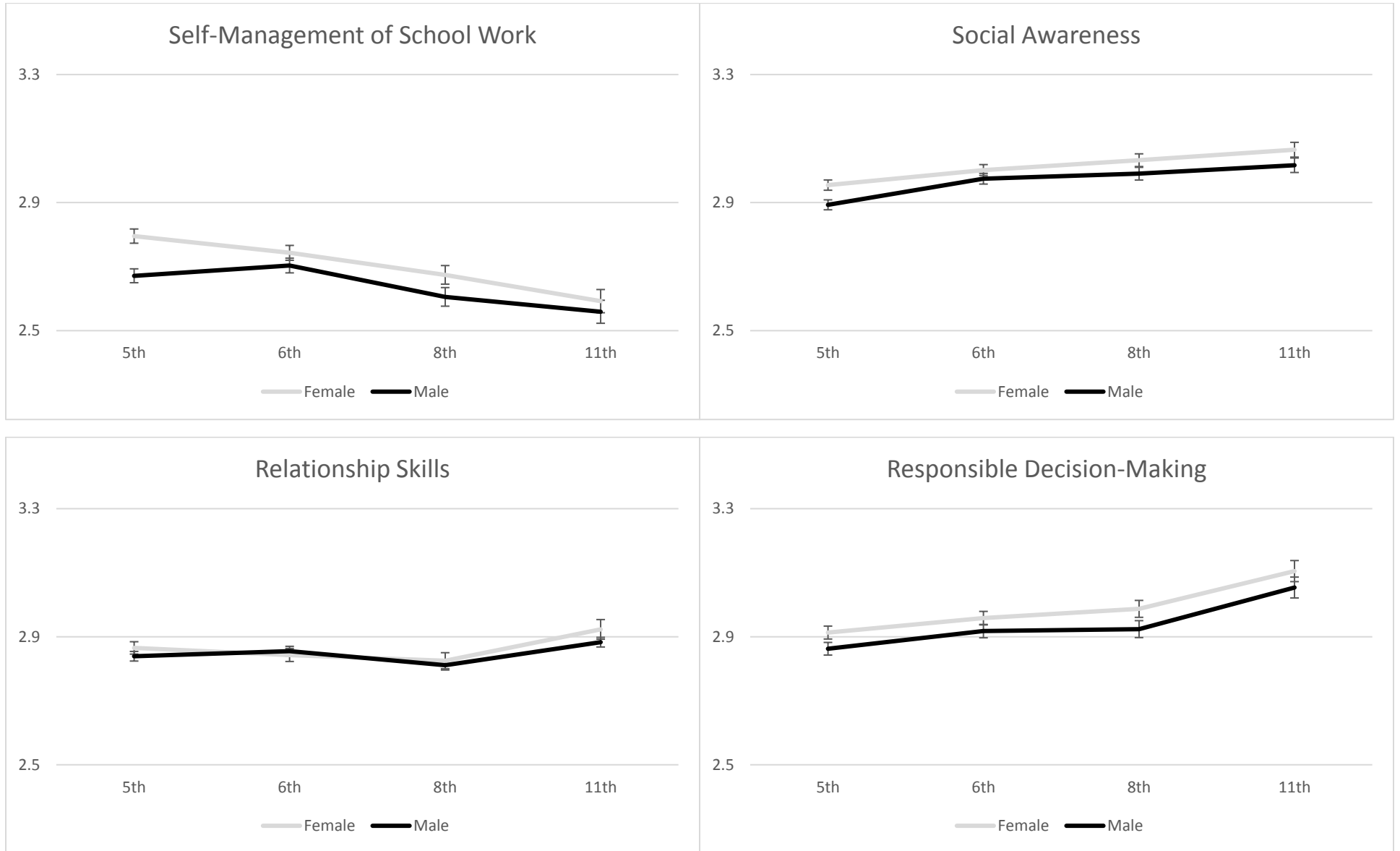
- Thinking about what might happen before making a decision
- Admitting when I have made a mistake
- Disagreeing with classmates without hurting their feelings
- Asking for advice when making an important decision
- Thinking of different ways to solve a problem
- Saying "no" to a friend who wants to break the rules
- Not giving into peer pressure at school
- Taking safe risks to do something that is important to me
- Being honest with my classmates
- Following through with my responsibilities in class
- Telling the truth to my teachers
- Keeping the promises I make to my classmates
- Saying "no" to friends who want me to do something I don't want to do
- Sticking to my beliefs when making decisions
- Being respectful of someone else's beliefs when sharing my own
- Knowing what is right or wrong



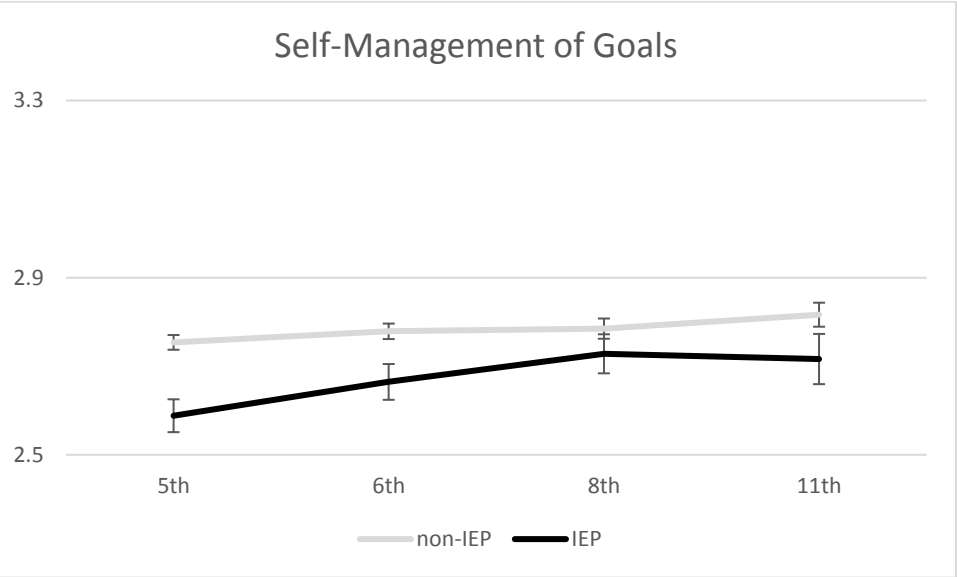
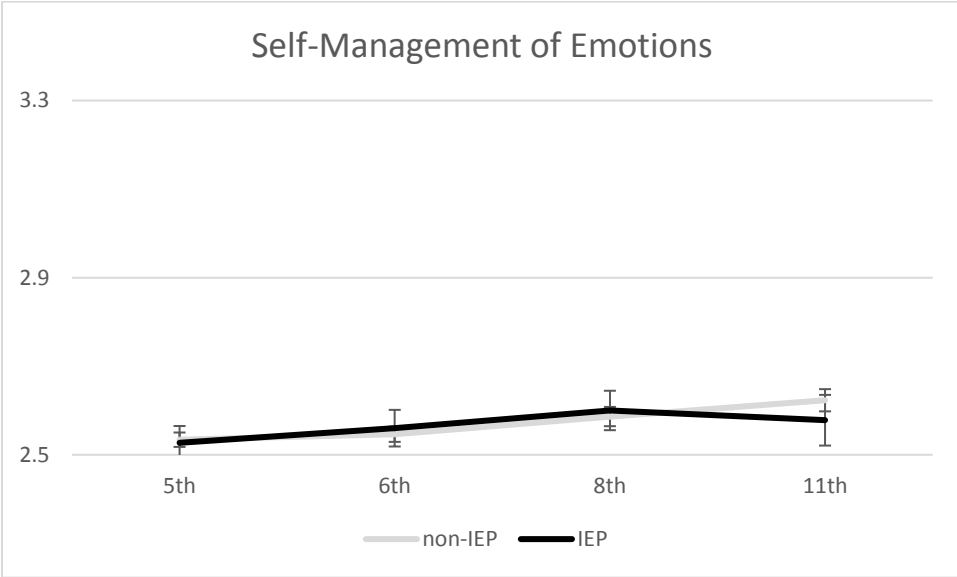
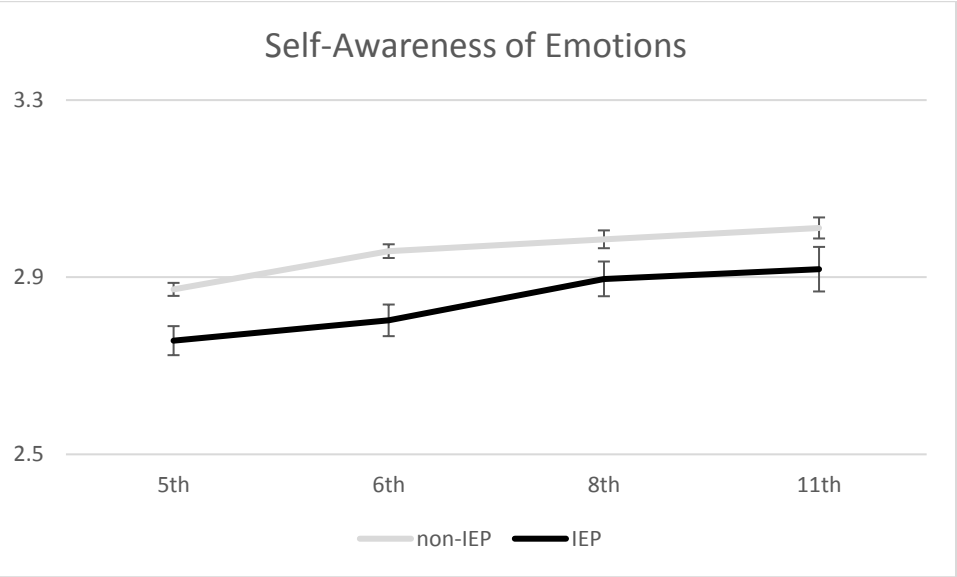
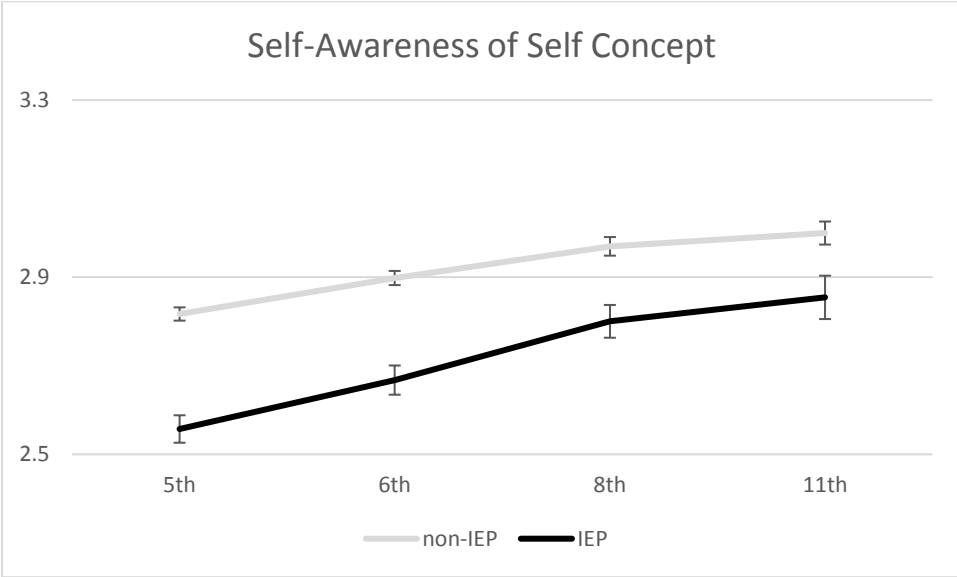
SEL Competencies by Grade and Gender



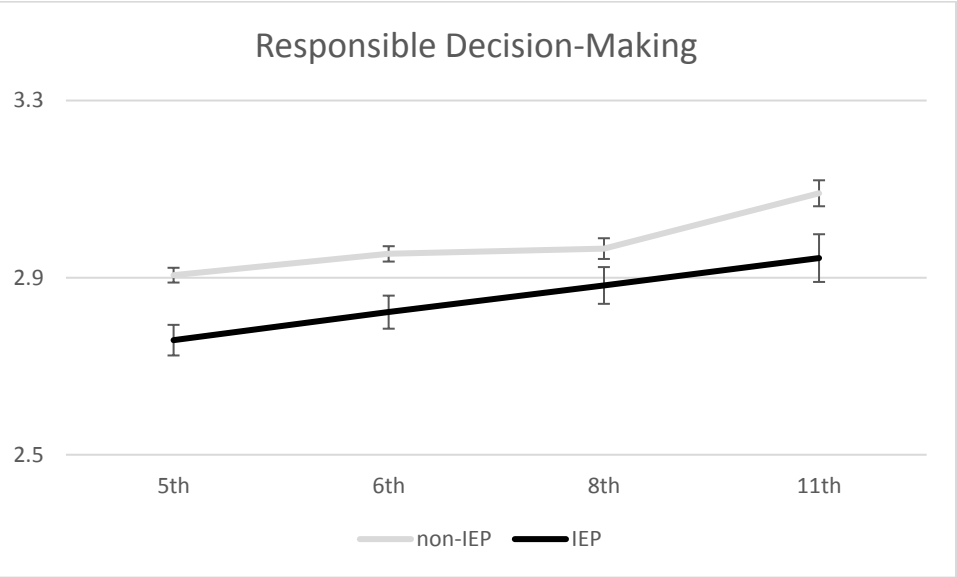
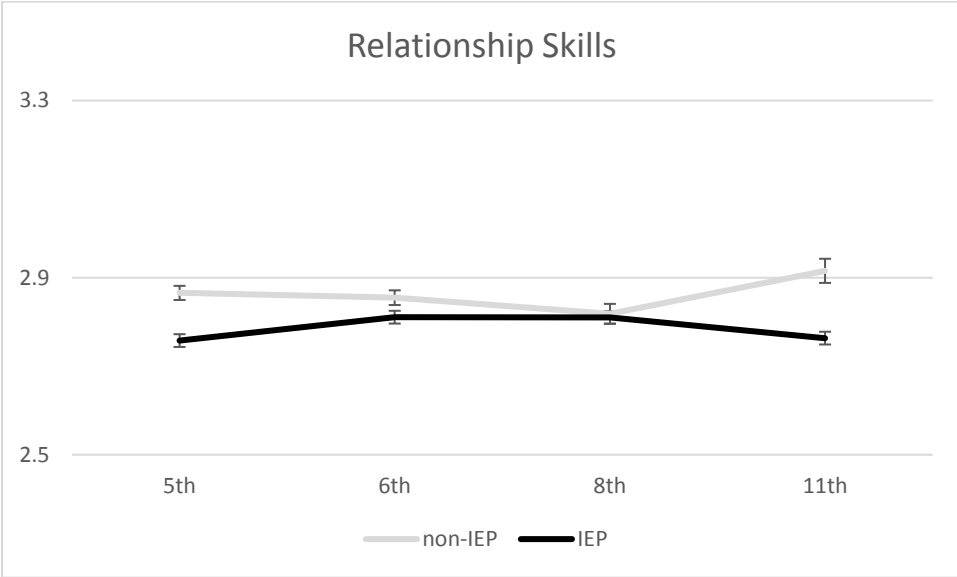
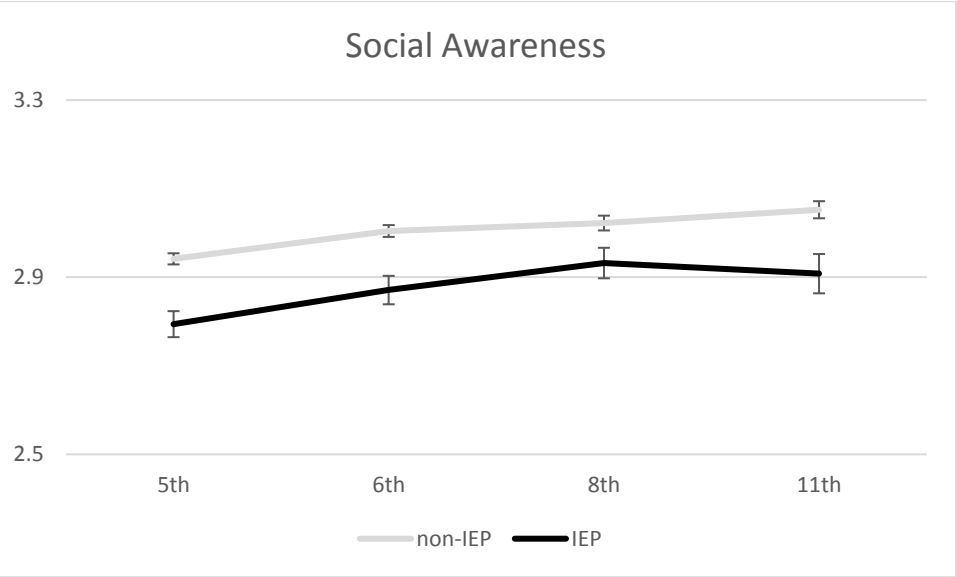
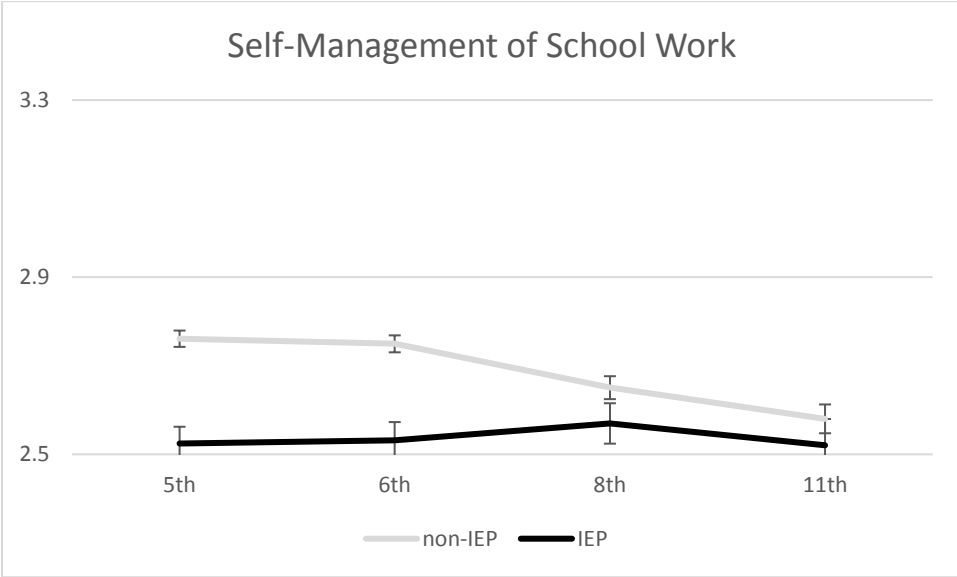
SEL Competencies by Grade and Gender



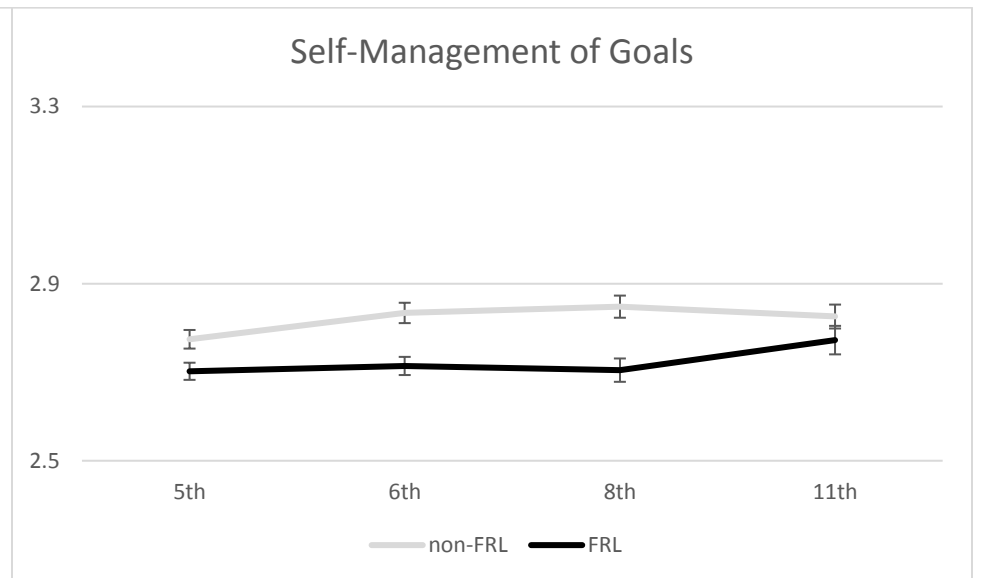
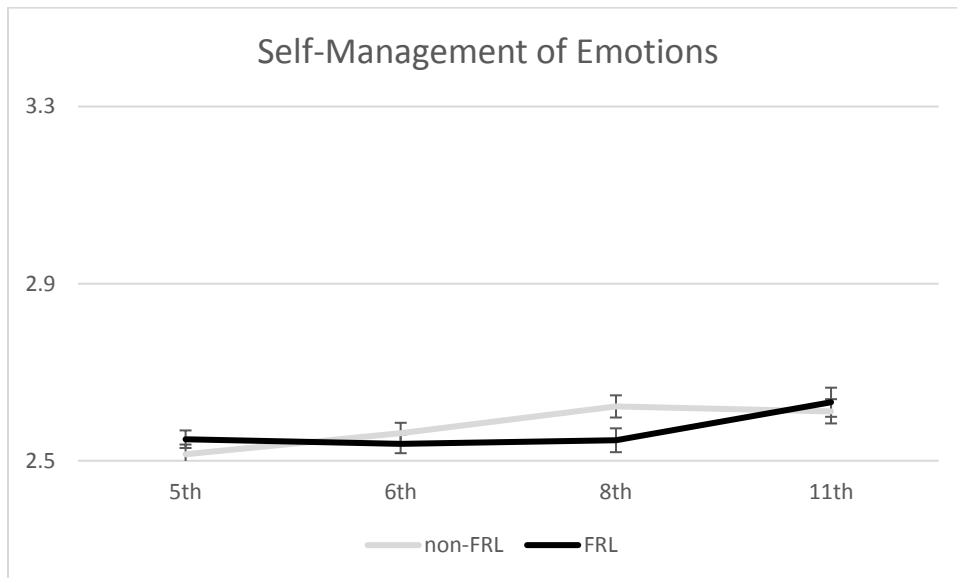
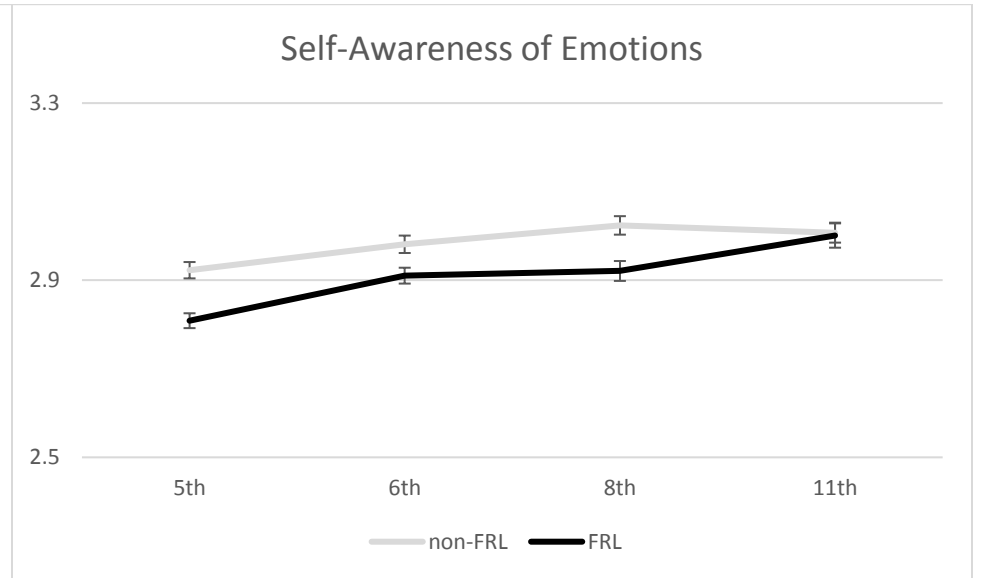
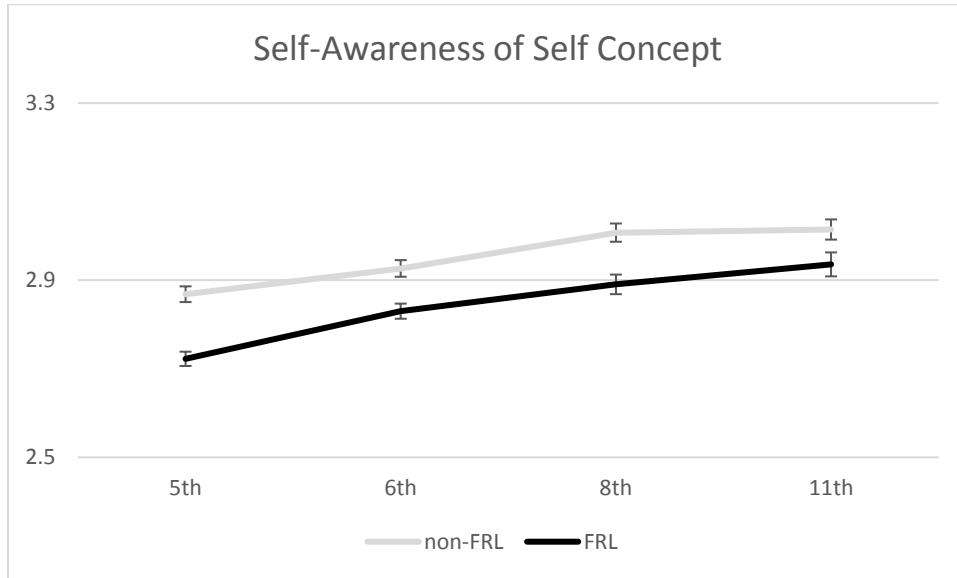
SEL Competencies by Grade and IEP Status



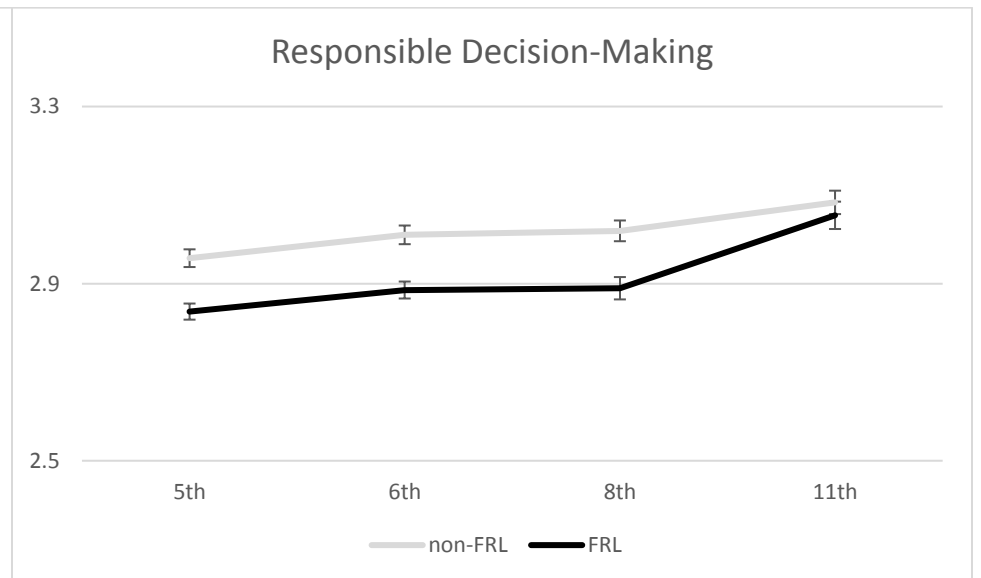
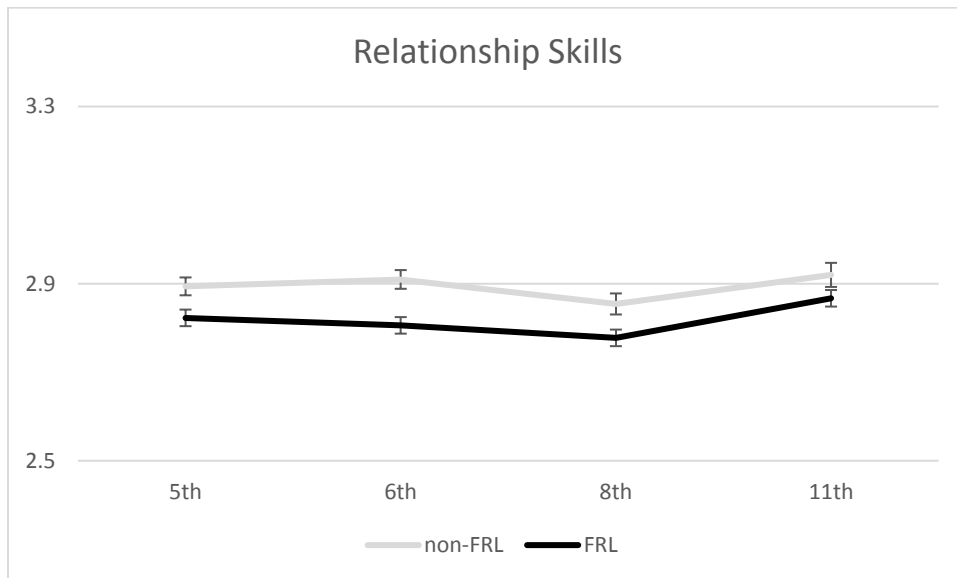
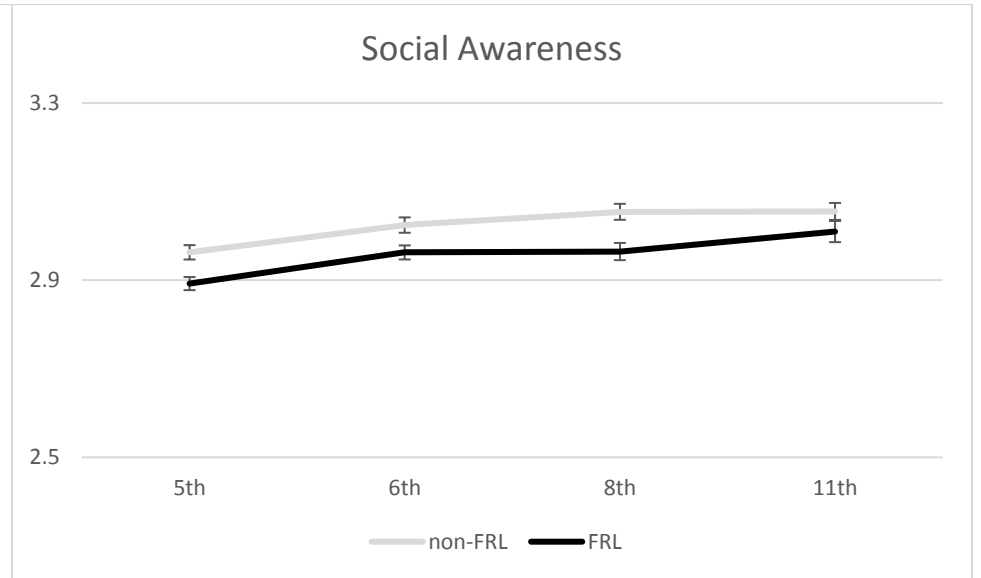
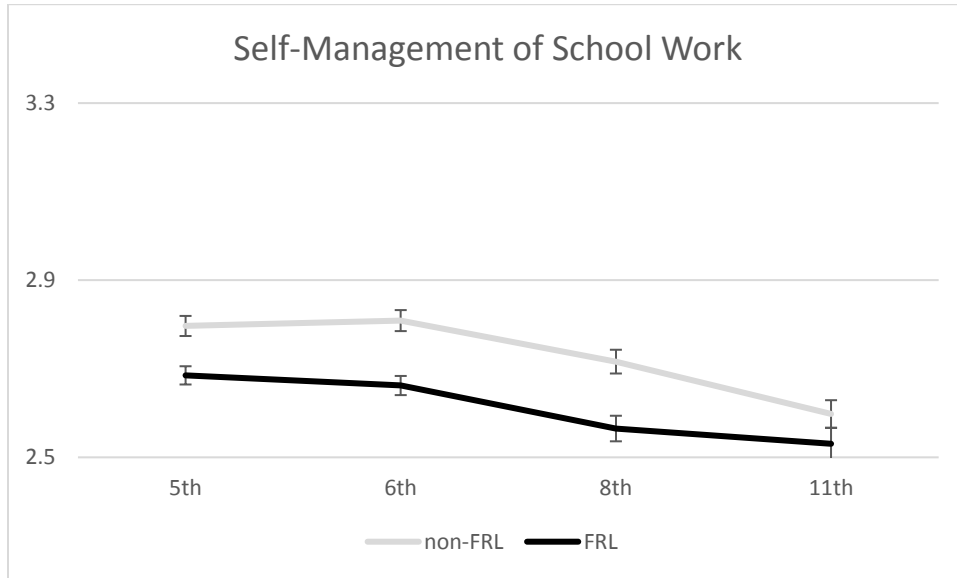
SEL Competencies by Grade and IEP Status



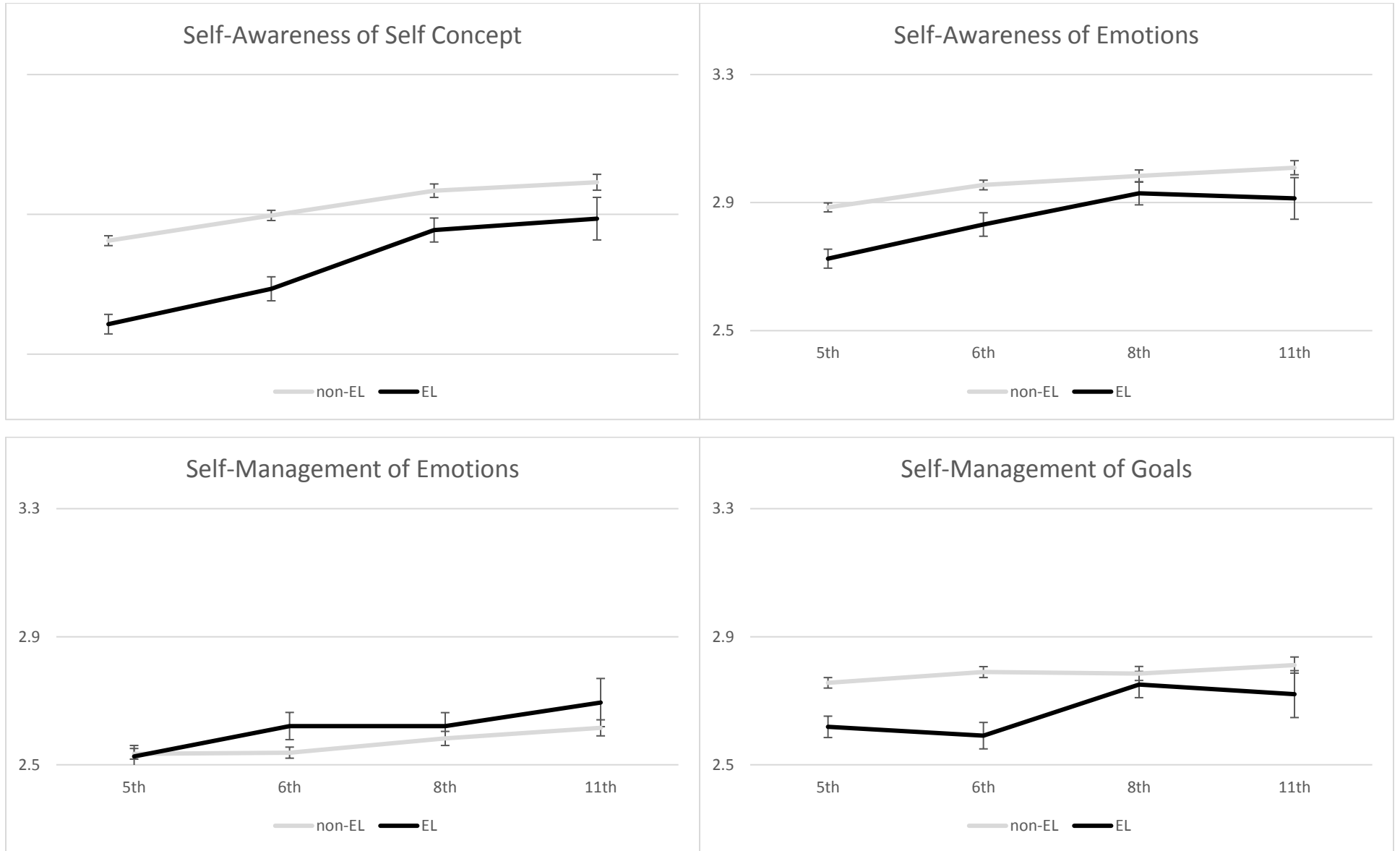
SEL Competencies by Grade and FRL Status



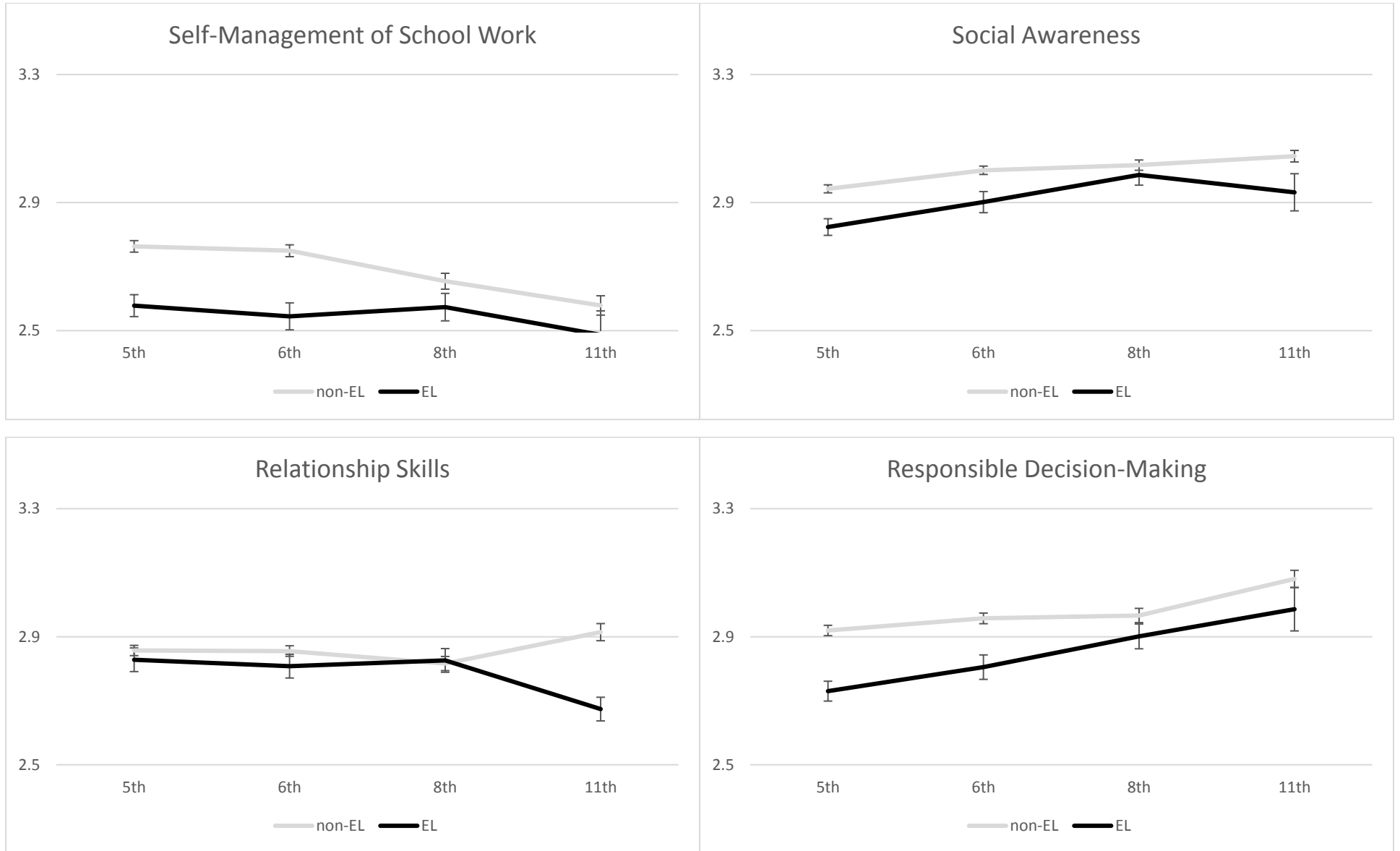
SEL Competencies by Grade and FRL Status



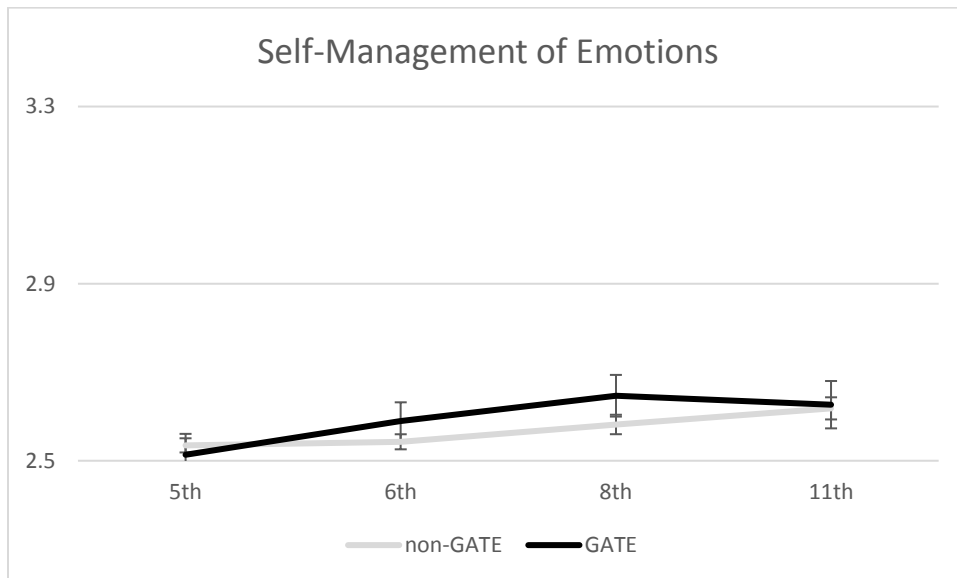
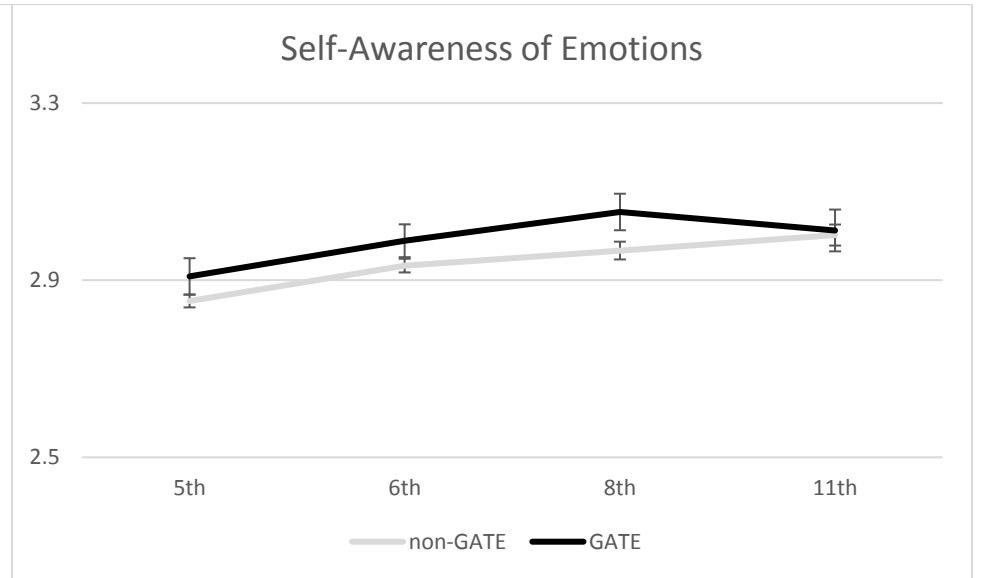
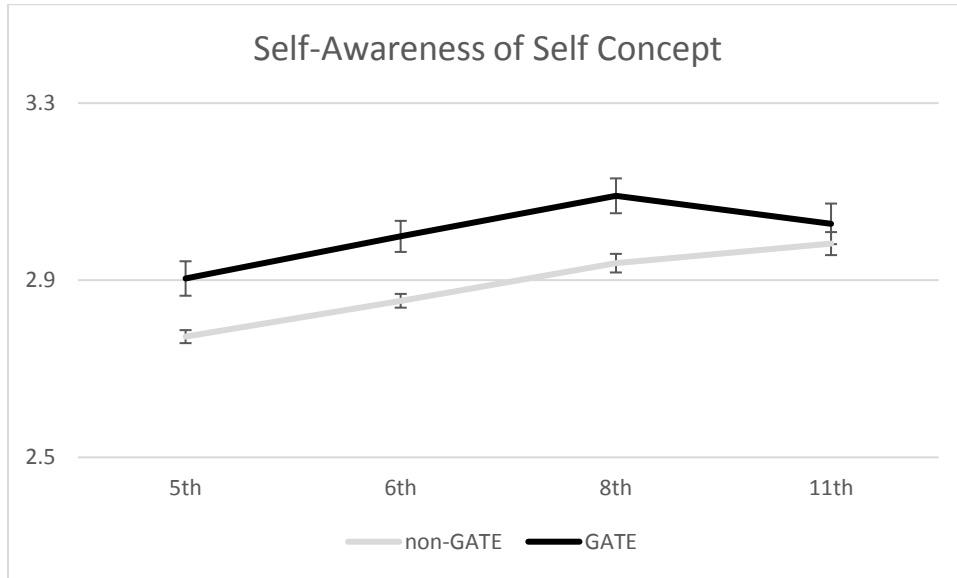
SEL Competencies by Grade and EL Status



SEL Competencies by Grade and EL Status



SEL Competencies by Grade and GATE Status



SEL Competencies by Grade and GATE Status

